

St. Boniface Registered Nurses Alumni Association November 2020 Newsletter



President's Message

We've all had a difficult 9 months and the end is not near, unfortunately. Congratulations to all of you for doing what you can to stay safe and for extra tasks you have taken on. I know that some of you have needed to be caregivers whether to the elderly or for little ones, some have taken out their sewing machines to make masks & protective gowns. Others have had to continue going to work in these scary times and needed to be extra careful with infection precautions. I am so grateful when I see all the extra cleaning that businesses have taken on. I was also grateful to the executive members who were planning to leave at the end of last June but agreed to stay on one more year to assist during these hard times.

We have important positions that need replacements, if they are not replaced by next May, the Executive can no longer function (see the nominating report). I urge members to come forward to ensure the continuation of the Alumni. On that note, I would like to say that the executive has the ability to appoint willing members to the various vacant positions, without waiting for an AGM.

The Alumni executive made the difficult decision to cancel the AGM Dinner Meeting this past May. I believe that the fact that we were all part of the SBH School of Nursing is what binds us together, and getting together annually reinforces that bond, so the cancellation was not done lightly.

We hope to be able to meet next May, but there are no guarantees at this point. However, the Social Committee have been hard at work coming up with ideas on how to do it safely, as well as how to honour the two graduating classes from 1970 and 1971.

In these days of social distancing, ***communication*** is more important than ever, so you may receive extra emails from us besides the newsletters. We will ask to have this communication added to the website, so that members without email can be kept current. The executive can no longer meet in the School of Nursing, so we have moved our meetings to the Norwood Hotel, which has added some admin costs for us, but they have excelled at setting up safe seating for us.

Please note: The Interactive Exhibit (both TV screens) located in the Hospital Atrium have been temporarily closed since March due to the Covid 19 pandemic. They will remain inactive until further notice, as requested by the Infectious Disease Department of the Hospital. We enjoy hearing from you, so please contact us any way you like: mail, phone or email.

Gisèle Hansen, President (née Gisèle Bauche, January class of 1972)



Social Committee Report

This has been an unprecedented year due to COVID 19. Unfortunately, the St. Boniface RN Alumni Tea on May 19 and the AGM Dinner celebration on May 20, 2020 had to be cancelled due to the pandemic.

The 50 -year Grads from the Class of 1970 were able to hold their class reunion by Zoom on May 20, 2020.

At this point in time

St. Boniface RN Alumni Association Annual General Meeting and Dinner Celebration

Date: Wednesday, May 19, 2021

Location: Canad Inns Destination Center Polo Park
1405 St. Matthews Avenue, Winnipeg, Mb.

Phone: 204-775-8791 or toll free: 1-888-332-2623

Dinner Ticket Cost: Complimentary for class of 1970 and 1971
Alumni Members: \$45.00
Non-member guests: \$50.00

Anyone purchasing a dinner ticket will require a current membership.



***Due to COVID 19 and Public Health Policies, we will know closer to the event how many people, if any, will be able to attend the dinner and what types of activities can be held in the room.**

Information regarding the sale of dinner tickets and hotel room bookings will be sent out at least by March 1, 2021, either by special notification or in the March newsletter.

Contact for 1970 50-year grads:

Membership for this class will now be as per Life Members – 2 years \$25.00

Glenis (Pronchuk) Pacak
gmpacak@mymts.net
204-488-4796

Mary Ann (Reimer) Oliver
obm@mymts.net
204-231-3002

Contact for 1971 50-year grads

Membership for this class will be the regular membership fee (see Membership Form)
Val Buschau

Email: vbuschau@mymts.net Phone: 204-488-3648

Honored Guests who will not be attending the dinner but requesting a 50 Year Pin will also require a current membership.



SAVE THE DATE: Wednesday, May 18, 2022 for the Alumni AGM Dinner Celebration at the Canad Inn Destination Centre Polo Park honoring the classes 1972 (Winter) and 1972 (Summer) 50-year grads.

Invite a classmate and hopefully see you at the celebration, Gaylene Kramchynski, Social chairperson (1975)

Plan your next class reunion to include the Alumni Annual Dinner meeting.



EDUCATION FUNDING OPPORTUNITIES

MULTIPLE BURSARIES AVAILABLE



Important notice: Due to the cancellation of the May 2020 AGM, bursaries were not distributed at the time. We had received one application from Sharlene Scott-McHugh. At the September 23, 2020 Executive meeting it was unanimously passed that the applicant be awarded the Lanthier Bursary of \$1,000 to assist her with her studies towards her B.N. The Executive felt it was not fair to not give out bursary funding due to the Covid 19 pandemic.

We will continue to advertise and encourage nurses to apply for bursary funding.

Graduates of the Registered Nurses' Program from St. Boniface School of Nursing and Associate Members are eligible for funding. Funding will be awarded for practice-based nursing research, workshops, conferences and University courses in nursing. Proposed research must be clinically relevant and ultimately benefit patients.

BURSARIES AVAILABLE:

- 1. St. Boniface Nurses' Alumni Bursary - \$2,000**
- 2. Anonymous Donor Bursary – \$1,000**
- 3. Class of 1969 Bursary - \$1,000**

To be considered, applicants must:

- be or become paid members of the Alumni (*For membership information see St. Boniface Nurses' Alumni website, see membership form in this newsletter or email sbgh.rnalbumni@gmail.com*)
- provide proof of enrolment for workshops, conferences or courses, including the cost.
- provide information regarding other funding received
- provide one-page summary of proposal for research studies
- submit a letter of **application by March 31, 2021**
- be in attendance at the **Annual Dinner on May 18, 2021. (Unless we are unable to have an AGM)**

Apply Now

The Alumni reserves the right to request return of funding should the candidate not complete the research or attend the workshop or conference, other than for reasons of personal illness. Apply in writing to:

Attention Alumni Treasurer
St. Boniface Registered Nurses' Alumni Association
Room NG018, 409 Tache Avenue,
Winnipeg, MB. R2H 2A6

Leaving a Legacy

Create a lasting legacy to the St. Boniface Registered Nurses' Alumni Association by leaving a *bequest* in your Will. By including the St. Boniface Registered Nurses Alumni Association in your "will" you help sustain the Alumni and the activities that matter to you, such as education grants and preserving the alumni's history. For more information, call Shirley at 204-256-1812

THANK YOU FROM BURSARY RECIPIENTS OF 2019/20



Dear SBGH RN Alumni,

I want to thank you for selecting my bursary submission to attend the Canadian Federation of Nurses Unions Biennial Convention. It was held in Fredericton, New Brunswick from June 3-7th 2019. I attended many educational sessions and heard presentations from some amazing keynote speakers.

The following topics were my big take aways:

- The Realities of Violence in our Workplaces
- Climate Change and Health Impacts
- Safe Nursing Forecast for the Future
- Reconciliation-Putting the Truths into Action

The theme of the 2019 CFNU convention was "LEAD"! It was evident from the 600 nurses attending that convention, that nurses are natural leaders with the power to create positive change.

WITH APPRECIATION, KAREN SADLER (TAYLOR) CLASS OF 1985



FROM SHARLENE SCOTT-McHUGH 2020 BURSARY RECIPIENT.

As we wander our way through this crazy 2020 year, I am grateful to be able to complete my Bachelor's degree in nursing. I am finally at the end of my studies and will be officially in the Class of 2020. The pandemic has made getting an education more interesting and I will have no in person graduation, but this will still be one of the greatest achievements I have made to date.

I would like to acknowledge the kind support and generosity of the St. Boniface Nurses Alumni Association for the bursaries I have received over the last 3 years. It has been a great experience becoming part of the Alumni Association and now that my studies are almost complete, I look forward to giving back and becoming more involved in the association's activities. Thank you again St. Boniface Nurses Alumni Association and stay safe everyone.

Meeting

Archive Report

On October 14, 2020, Gisele and I met with the St. Boniface Historical Society to discuss having a contract with them regarding our relationship with the Society and the preservation of our documents that are currently digitalized and in their care. The contract would also cover the eventual transfer of the Alumni's documents (hard copies) to the Society. This is a very positive step to ensure our archives will be securely cared for well into the future.



The St. Boniface Historical Society (Centre de Patrimoine) is responsible for putting our year books and graduation pictures on their website. They are updating their website and soon it will be replaced with a smaller temporary one.

Therefore, our graduation photos & yearbooks may not be as easily accessed in the temporary website as we are accustomed to. They are hoping to have the new full-size site available in the spring and at that time the yearbooks and graduation pictures will be included in the new website.

Shirley Delaquis, Chair Archive Committee (Class 1964A)

Financial Statement (Jan 01/19to Dec 31/19)

Bank Statements

Opening Balance	\$35,479.92
Closing Balance	<u>\$36,308.14</u>
Total Revenue	\$18,776.70
Total Expenses	<u>\$17,948.48</u>
Net Income:	\$ 828.88

Investments

Opening Balance	\$99,396.52
Closing Balance	\$115,789.17
Investment Gain	\$ 16,392.65
Total Closing Balance	\$152,097.31
(Bank + Investment balance)	

The cancellation of the 2020 AGM did not permit the presentation of the 2019 financial statement. The statement is here for your review.

If you have any questions, please call or email our treasurer Judy Maleski at:
204-254-0690 [email: jmaleski@mymts.net](mailto:jmaleski@mymts.net)



Sick and Bereavement Committee - In Memorium

Name	Maiden name	Class
Sarah Krasselt	Gage	1944
Susie Loewen	Harder	1948
Terry Nadeau	Dubreuil	1953B
Shirley Johnston	Bligh	1953
Florence Van Alstine	Paci	1956B
Lorraine Webb	Turman	1957
Darien Russell	Aikenhead	1958
Joan Ace	Holtz	1961B
Sharon Carol McGill	Fewster	1962
Berle Robbins	Jackman	1962A
Patricia Brown	Ball	1962A
Florence Sprules	Bodnareski	1962A
Donna Chuback	Craig	1969
Eunice Band	-----	1975
Patricia Ouellette	Leniuk	1978
Michele Anderson	Fouillard	1986



THANK YOU to those who forwarded information; you may email information to sbgh.rn alumni@gmail.com or contact any member of the Executive.

Nominating Report

**WE NEED
YOUR HELP**

THE FOLLOWING POSITIONS ARE URGENTLY NEEDED:

1. PRESIDENT ELECT
2. TREASURER
3. ARCHIVE COMMITTEE CHAIR
4. PUBLICITY COMMITTEE CHAIR
5. NOMINATING COMMITTEE CHAIR

URGENT

As mentioned in the President's report, we are thankful to those members who have agreed to stay on until May 2021 due to the Covid 19 crisis.

We welcome our new members: Lorraine Bisson, Irene Roch, Debbie Miller and Maria Higgins. We thank Madeleine Graham and Glenis Pacak for their services and contributions while serving on the executive. All of the current board members are willing to mentor new persons into their roles. There are 6 meetings in a year (September to June).

Without your offer to volunteer, the Executive cannot function!!

**If you need more information regarding these positions contact
Linda Jackson: 204-222-1945 or email: mjackson@mymts.net**

SBH REGISTERED NURSES ALUMNI EXECUTIVE JUNE 2020 – JUNE 2021

President:	Gisele Hansen	204-253-7400
President Elect:	VACANT	
Past President:		
Secretary:	Karen Sadler	204-832-6777
Treasurer:	Judy Maleski	WILL BE VACANT 204-254-0690
COMMITTEE CHAIRPERSONS:		
Nominating:	Linda Jackson	WILL BE VACANT 204-222-1945
Publicity:	Sharon Matte	WILL BE VACANT 204-489-1641
Membership:	Karen & George Coupland	204-254-0472
Social:	Cheryl Trites	204-888-8709 Michelle Grof (Assistant) are being mentored by Gaylene Kramchyinski
Sick and Bereavement:	VACANT	
Archive	Shirley Delaquis	WILL BE VACANT 204-256-1812
Member at Large (3)	Lorraine Bisson	204-257-4441
	Sheila Holden	204-233-6086
	Debbie Miller	204-771-2007
	Irene Roch	204-256-7135
	Maria Higgins	204- 235-0545



ASSOCIATE MEMBERS

Anyone interested in being an Associate Member of the St. Boniface Registered Nurses' Alumni Association please contact us at sbgh.rnalbumni@gmail.com. As per our Constitution, Associate membership may be granted to any Registered Nurse not a graduate of St. Boniface General Hospital School of Nursing. They have all the same privileges, including applying for Bursary funding as an active member. They may not serve as an officer on the Executive. The membership fee is the same as a regular member.



Membership Report

MEMBERSHIP STATS AS OF OCTOBER 15, 2020:

LIFE MEMBERS (1970+):

Active 403

Inactive: 439

Total: 832

REGULAR MEMBERS (1971-1993):

Active: 153

Inactive: 144

Total: 297

ASSOCIATE MEMBERS: 7

HONORARY MEMBERS: 2

Honorary membership may be conferred by unanimous vote of the Executive Council upon any person interested in the work of the Association and who has contributed some benefit to the Association.

WHY JOIN THE ALUMNI ASSOCIATION?

- It is a great way to connect with classmates, colleagues and former faculty
- It is a way to stay connected with the St. Boniface Hospital Community
- It is a way to recognize the many outstanding graduates
- It is a way of learning how the history of the School of Nursing is preserved.
- By joining the Alumni you help to support bursaries to assist nurses to further their education
- Enables nurses to apply for bursary funding.
- Receive a newsletter twice a year and other communication notices that may be sent out.

The number of paid memberships continues to decline. Former grads join during their milestone years (50th, 40th, etc.), but often do not renew their memberships in the interim years. The membership fees remain relatively low: See membership form.

We welcome any ideas to boost our membership. Also, if you would like to join the Executive, please contact us at SBGHALumni.membership@gmail.com. We would love to hear from you!

Karen and George Coupland - Class of 1979 Membership Co-Chairs

Membership Application	
Present Name: _____	
Name at graduation: _____	Class of: _____
Address: _____	Postal Code: _____
Email Address: _____	Phone# _____
Membership Fees Jan-Dec. (check appropriate box)	
New Member: <input type="checkbox"/>	Post 50 th grad reunion member - 5 years - \$25.00 <input type="checkbox"/>
New Associate Member: <input type="checkbox"/>	
Renewing Member: <input type="checkbox"/>	Donation _____
2 year \$25.00 <input type="checkbox"/>	
5 year \$45.00 <input type="checkbox"/>	
I would like to receive all communication by email including receipts for membership: Y <input type="checkbox"/> N <input type="checkbox"/>	
NB: Cheque made out to: St. Boniface Registered Nurses' Alumni Association	
Please Mail to: St. Boniface Registered Nurses' Alumni Association Room NG018 409 Tache Avenue Wpg. MB. R2H 2A6	
Your address information may be shared with a classmate for the purpose of arranging a reunion	
N.B. PLEASE ENCLOSE A STAMPED SELF-ADDRESSED ENVELOPE IF YOU WISH TO RECEIVE MEMBERSHIP CARD AND RECEIPT BY MAIL. OTHERWISE THE RECEIPT WILL BE SENT BY EMAIL AND THE CARD WILL BE AVAILABLE FOR PICK UP AT THE NEXT ANNUAL MEETING.	
<i>(Post 50th members receive receipts only)</i>	

IMPORTANT!

PLEASE update your **INFORMATION** so that you may receive the communications that we send out. Often members move, change e-mails and phone numbers which means you will not receive any communication. You may contact the Membership Chair by emailing: sbghmembership.com or via our website email: sbgh.rnalbumni@gmail.com



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St. B Class of '70 Celebrates 2020

The St. B Class of '70 looked forward to celebrating our 50 Year Reunion on May 19, 2020!

The Class of '70 has many fond memories to share. Some of our nursing classmates have attended every reunion we have had and were so looking forward to our getting together for our Big 50!

Careful planning and precision execution of plans is what nursing is all about! However, all the best laid plans were suspended indefinitely as "Covid – 19, the Pandemic" swept through the world!

Gatherings such as ours were not allowed as safe distancing measures were implemented by Health Authorities across the world. Reluctantly, our hope of connecting with our Classmates to celebrate our graduation fifty years ago was being accepted as the reality we were living!

Sharing our memories and catching up with life events was almost cancelled due to Covid - 19! My daughter, whose birth superseded my attending our 5-year reunion ..., encouraged me and the Class of '70 Reunion Committee to gather together for a Virtual 50th Anniversary Tea Party! She offered to set up and host all who attended on the call. Thanks to MaryAnn and Lucille for your work and support of our Class Reunion Events. Thank you to all 22 Classmates who attended and made our class celebration happen!

Thankyou Catherine, for helping our Class to connect ... over a Cup of Tea.

Loving St. B Class of '70, Glenis Pacak, Chairperson, Class of '70 Reunion Committee

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Reunion Class 1971 2021

None of us knows what the Covid situation will be next May.

But we do know that if we aren't members of the Alumni, we can't participate in anything that is done. So, if you know of a classmate who has not joined the Alumni.

Please urge them to do so by emailing sbghmembership.com or via our website email: sbgh.rnalbumni@gmail.com

If you have the contact info for any of our classmates that we might be missing, please send it to us. Thanks so much. Till we meet again, please stay safe.

Class of '71 Reunion Committee

Dale Bedard: dalebedard82@gmail.com

Mary Kate Martin: gmkmartin@gmail.com

Val Buschau: ybuschau@mymts.net



60 YEAR REUNION FOR THE CLASS OF 1960B

Our class of 60B was quite excited starting to make plans for our 60-year reunion. Most exciting was that several of our classmates “from away” were planning to attend! However, then the Covid-19 pandemic descended upon not only us, but the whole world. So, like everyone else being affected, our plans were disrupted. We would have to put off this celebration until next year. We felt so sad having to send out the message to our classmates confirming that there would be no reunion held this year. But then - one of our classmates from California replied, ‘Why don’t we Zoom?’ Followed by an email from another classmate in Seattle. ‘I Zoom all the time. I can host this.’ So, in mid-May we had our reunion!! If my memory serves me correctly, there were about seventeen of us in attendance. We had a wonderful time, catching up on each other’s news, having great conversations, and able to see each other! A great time was had by all. In fact, it was so great, we zoomed again in August- in honor of the fact that we had first met each other 63 years ago when we first entered the hallowed halls of the St. B. Nurses residence. So again, more connecting and catching up. Who would have thought sixty some years ago that such a gathering would be possible!?! And we’re going to do this again!

Submitted by Dorothy Christopherson Tytgat, on behalf of our class of 60B

LOST YOUR YEARBOOK??? or GRAD PIN??? If you have lost your GRAD PIN or you would like a YEAR BOOK please call Shirley for more information at 204 - 256-1812



Hospital telephone system for patients - 1955

How processing the newsletter has changed!

THEN AND NOW

- ✚ 1905 to about 1940 the newsletter was called “Contact”, in the form of a small booklet.
- ✚ 1941 -1949 was just a few pages.
- ✚ 1950-1959 known as “Estotes Fideles”.
- ✚ 1965-1989 was just a few pages.
- ✚ 1994 started the front page as we know it now and put out in March and November

THEN: This picture was taken in 2005

- Contents of the newsletter was decided.
- Information was sent for type setting (\$\$)
- Copies were made: 700++ (\$\$)
- Envelopes purchased (\$\$)
- Stamps (\$\$)
- Executive and volunteers gathered to fold, stuff, hand write addresses, place stamps for 700+ members!



NOW SINCE 2011:

- Contents of the newsletter is decided
- Publicity Chair/or designate, receives typed reports/prepares/ types/ organizes/ edits the newsletter on the computer (no cost)
- Copy of newsletter in PDF form sent to printers via email (no cost)
- Copies made: 150 +/- (reduced cost)
- Fewer envelopes required (lower cost)
- Address labels prepared by Membership Chairperson (minimal cost)
- Newsletter is mailed through the hospital mailroom. (no cost)
- Newsletter sent to Membership Chair to be sent out by email to those who have email addresses. (no cost)



“The secret of contentment is knowing how to enjoy what you have, and to be able to lose all desire for things beyond your reach.” (Lin Yutang)