

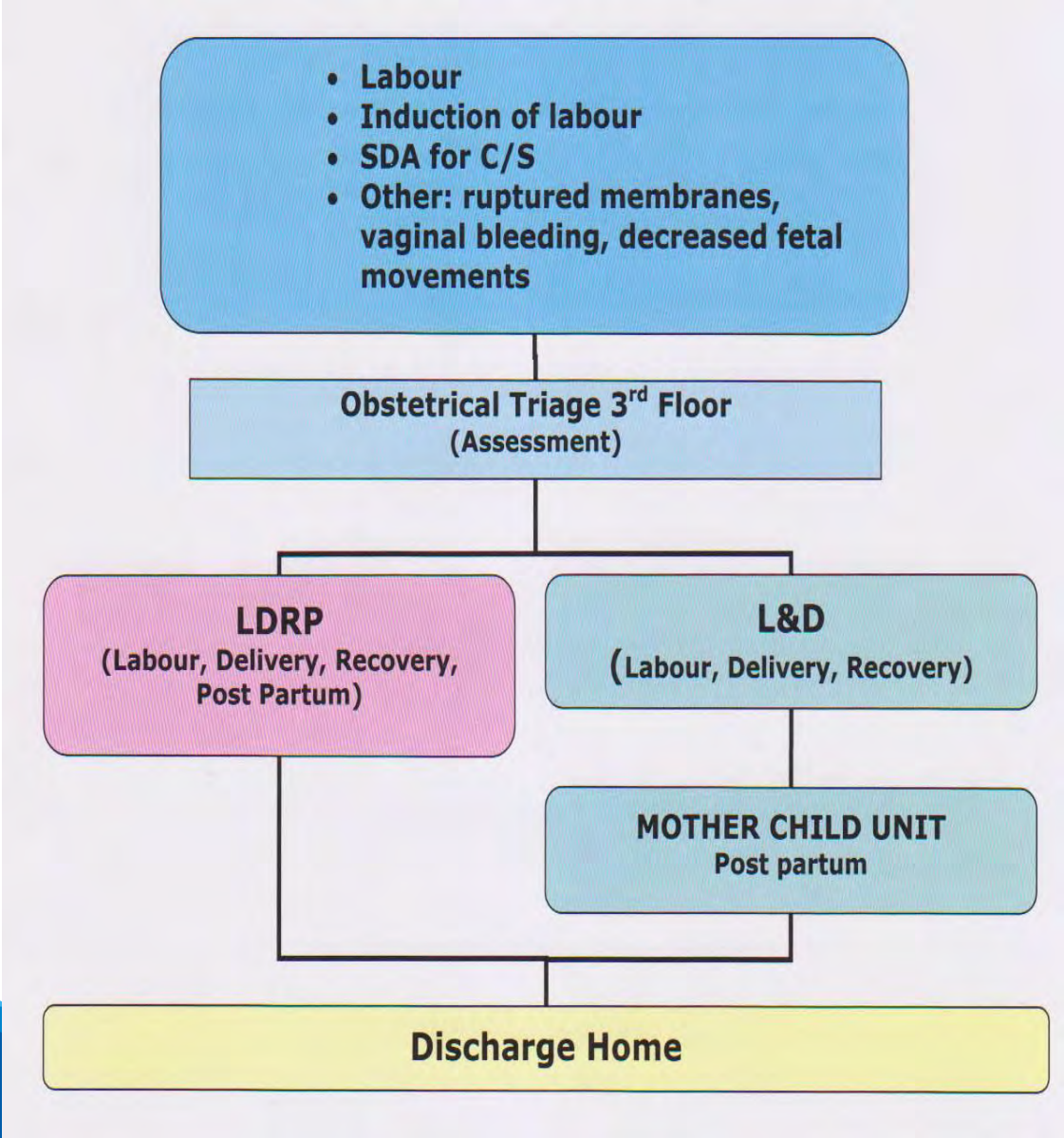


Hôpital St-Boniface Hospital

PRENATAL VIRTUAL TOUR

**Having a baby at
St. Boniface Hospital....**

STAY AT ST. BONIFACE HOSPITAL



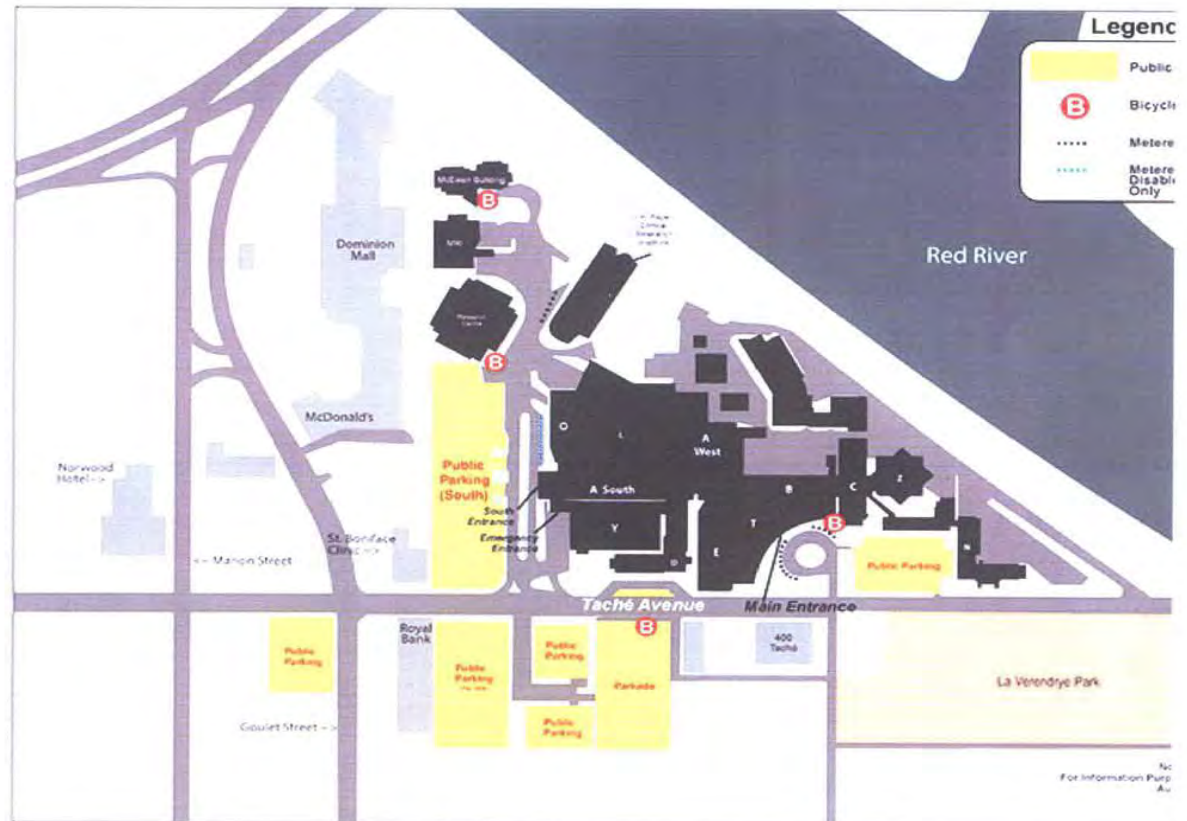
Parking at St. Boniface



Tour / Photo Gallery

Donate Now

Share Your Story



As you move your mouse over each identified parking lot a brief description will be displayed.

Parking Office
Room A1104
409 Taché Avenue
Winnipeg, MB R2H 2A6

Office hours:
Monday to Friday
8 a.m.-10:00 p.m.

Telephone:
(204) 237-2319
Email:

Parking Services Coord
Maury Malchuk
Telephone: (204) 237-28
Email:

Labour Support Person

- Upon admission for labour, the nurses will review with you:
 - Who your support person/people (2) will be
 - Visiting does not occur in labour; visitors are welcome after the recovery phase (about 2 hours after birth)
 - All people other than your support person/people must wait in the Atrium not on the 3rd floor

What to bring to the hospital....

- **Mom's Suitcase**

- MB Health card, private insurance cards
- Slippers
- Nursing bra
- Underwear
- Personal toiletries/items (shampoo, toothbrush & paste, deodorant, hair brush)
- Going home clothes (loose & comfortable)

Goody bag for labour....

- Lip balm or vaseline
- Lotion
- Snacks for support person
- List of phone numbers
- **CD's, head phones, iPod**
- Camera
- Massage devices like tennis balls

What to bring to the hospital....

- **Baby's Suitcase**
 - Sleepers
 - Receiving blankets
 - Bunting bag
 - Infant car seat
 - Mitts
 - Hat for going home

Visiting on post partum....

After birth, to allow mothers to rest and parents time to learn about the care of their new baby, we ask that visitors respect the following:

- Your partner or support person is encouraged to be with you at all times
- Visitors are limited to two per patient; visiting ends at 8:30 p.m.
- Children under the age of 14 cannot visit unless they are siblings of the new baby

Neonatal Intensive Care Unit (NICU)

- Attend births
- Neonatal Observation
- Information on having your baby in the NICU

Car Seats

- Car seats for infants & children required by law
- Learn how to assemble, install & use **before baby's birth**
- **Practice, practice & practice.....**
- More information: MPI website → Road Safety → Car Seats

www.mpi.mb.ca



St. Boniface Hospital Woman & Child Program

- Website Address

www.saintboniface.ca

Questions

